

Somnofit-S Somnofit-B

WHICH MODEL SHOULD I CHOOSE?

Here's the size guide and instructions for determining which model fits your jaw:



1. Print this page and keep page 2 on screen.

2. Use scissors to cut out the blue lines shown on the two templates below.

3. This gives you 2 sheets: one for SomnoFit-S, the other for SomnoFit-B.

4. Insert the leaflet into the mouth to the bottom of the jaw and into the direction of the arrow.Be sure to center and align the sketch of the splint on your jaw.

5. Using the diagrams on page 2 as a guide, compare the leaflets. Then choose the model that best matches your jaw width. The teeth (molars) must fit in the splint.

6. Order the right model and enjoy a peaceful night's sleep.













If the SomnoFit-S splint is centered on your molars, you can purchase the SomnoFit-S orthosis.



If the SomnoFit-S splint is smaller than your arch and/or not centered on your molars, then try the SomnoFit-B splint.

If the SomnoFit-B splint is larger than your arch and/or not centered on your molars, then use the SomnoFit-S splint.

If the SomnoFit-B splint is centered on your molars, you can purchase the SomnoFit-B brace.

If in doubt, or if both devices seem to fit, then buy the SomnoFit-S device.

In fact, 80% of our users take the SomnoFit-S model. SomnoFit-B is reserved for large jaws.